



Serving Seniors in Crook, Deschutes and Jefferson Counties

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PROMOTING DIGNITY,  
WELL-BEING, SECURITY  
AND INDEPENDENCE FOR  
CENTRAL OREGON SENIOR  
AND DISABLED CITIZENS

NUTRITION SERVICES

Meals-on-Wheels  
Congregate Meals

ADVOCACY AND  
INFORMATION

Advocacy Services  
Information and Assistance  
Legal Services  
SHIBA

CASE MANAGEMENT

Care Coordination

HEALTH AND INDEPENDENCE

Health Clinics  
Senior Dining Centers  
Wellness Seminars

TRANSPORTATION

Dial-A-Ride  
Escort

COMMUNITY ENRICHMENT

Educational Programs  
Senior Center Programs  
Volunteer Programs

HOME-BASED SERVICES

FAMILY CAREGIVER  
SUPPORT PROGRAM

## CAREGIVER LIST FOR IN-HOME SERVICES

Seniors who need assistance in the home may use the Caregiver List for

In-Home Services to contact people interested in doing in-home work.

While everyone on the Provider List has been screened with a

background check, and a personal interview, we do not imply a

recommendation or an endorsement of any specific worker. These

persons are not employees of, nor are they supervised by, the Central

Oregon Council on Aging. You are the employer who selects and hires

a worker and you assume full responsibility for all risk of personal

injury or property damage arising out of employment of any individual

you may select.