
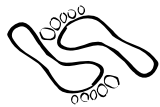


# CENTRAL OREGON COUNCIL ON AGING AT SISTERS SENIOR LUNCHEON

May 2008

## CALENDAR OF EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p><b>Plan to attend the Discovery Expo</b>  <b>An event to celebrate life after 50!</b>  <b>Saturday, May 31 8:45 a.m. – 6:00 p.m.</b>  <b>Deschutes County Expo Center</b>  <b>\$1.00 – Seniors 60+</b>                      Free Transportation available                      Call Cascades East Transit                      to schedule your ride <b>385-8680</b></p>		1 Van Service To Redmond/Bend 7:30 am–3:30 pm	2 No Van Service
5  No Van Service	11:00 am – Noon Espresso Hour 11:00 am – Sisters Senior Community Council Meeting After Lunch - Bingo  Local Van Services 9:30 a.m. – 3:30 p.m.	6  No Van Service	7  No Van Service	8 Van Service To Redmond/Bend 7:30 am–3:30 pm 9 No Van Service
12  No Van Service	11:00 am – Noon Espresso Hour 11:00 a.m. OR-OSHA Safety Meeting <u>Anniversary Celebrations</u> After Lunch – Bingo  Local Van Services 9:30 a.m. – 3:30 p.m.	13  No Van Service	14  No Van Service	15 Van Service To Redmond/Bend 7:30 am–3:30 pm 16 No Van Service
19  No Van Service	11:00 am – Noon Espresso Hour 8:00 a.m. – 12:00 p.m. Foot Clinic <u>COHH</u> (Call Jean at 382-5882 for appointment) At Home Care Group Presentation After Lunch - Bingo Local Van Services 9:30 a.m. – 3:30 p.m.	20  No Van Service	21  No Van Service	22 Van Service To Redmond/Bend 7:30 am–3:30 pm 23 No Van Service
26  No Van Service	11:00 am – Noon Espresso Hour 11:00 a.m. Blood Pressure Clinic <u>Birthday Celebrations</u> After Lunch - Bingo Local Van Services 9:30 a.m. – 3:30 p.m.	27  No Van Service	28  No Van Service	29 Van Service To Redmond/Bend 7:30 am–3:30 pm 30 No Van Service



**ESPRESSO SOCIAL OUR EVERY TUESDAY 11:00 am - Noon**

**To schedule Dial-a-Ride call Cascades East Ride Center at 385-8680 24 hours in advance, Monday – Friday 8:00 am – 4:00 pm**