



Our Information and Resources Specialists Are Here to Serve.

Our Help Desk is the first stop for information and resources on issues that are part of aging. Our specialists will listen to your questions and concerns and provide you with the options available, which may include a referral to local programs offered by the Council on Aging or other community partners.



HOW WE CAN HELP

We can connect adults 60 and over, their loved ones, and unpaid caregivers to:

- Caregiving resources
- Medicare resources
- Tax and legal help
- Housing resources
- Transportation resources
- Food programs, including Meals on Wheels
- Local shelters
- Elder abuse experts
- Veterans services
- Medical resources

GET HELP

To talk with a resource specialist:

- Call us at **(541) 678-5483**
- Stop by our Senior Services Center at **1036 NE 5th Street in Bend**, Monday – Friday, 8:00 a.m. to 4:30 p.m.
- Email us at **info@councilonaging.org**

**THE COUNCIL ON AGING ANSWERED 7,463
GENERAL INQUIRY CALLS BETWEEN
JULY 2021 – JUNE 2022.**

DIRECTIONS

We encourage you to explore our **Directions Senior Resource Guide**, the most comprehensive resource guide for older adult services in Central Oregon. You can download a copy from our website, request a copy from our office, or pick up one at many locations across the tri-county.

WANT TO VOLUNTEER WITH THE COUNCIL ON AGING?

Contact volunteer@councilonaging.org, call **(541) 678-5483**, or visit www.CouncilOnAging.org/Volunteer

