



Confused by Medicare Options? You're Not Alone.

Our volunteer Medicare counselors are part of the Oregon Senior Health Insurance Benefits Assistance (SHIBA) program, which is dedicated to educating and advocating for Oregonians with Medicare. These counselors offer free, unbiased, and confidential assistance with Medicare questions and choices. Appointments are available on the phone or in person.



HOW MEDICARE COUNSELORS CAN HELP

- Protect you from overpaying for care.
- Help you understand your Medicare benefits.
- Identify and compare the best health insurance options.
- Prevent you from incurring penalties.

SCHEDULE AN APPOINTMENT

Appointments are free and available in-person or over the phone. For English, call (541) 678-5483. For Spanish, call (541) 325-6837.

DID YOU KNOW?

According to the Medicare Literacy Survey:

- 3 out of 4 surveyed say Medicare is “confusing and difficult to understand.”
- A large majority of Medicare candidates can’t define basic Medicare terms.
- Many enrollees are unaware of what Medicare does and does not cover.

**COUNCIL ON AGING PROVIDED 749 HOURS OF
MEDICARE COUNSELING BETWEEN
JULY 2021 – JUNE 2022.**

ONE-ON-ONE HELP FOR CENTRAL OREGONIANS

For those turning 65, Medicare sign-up is around the corner. For people already enrolled, it’s always a good idea to find out if your benefits have changed or if it’s in your best interest to switch coverage.

WANT TO VOLUNTEER WITH THE COUNCIL ON AGING?

Contact volunteer@councilonaging.org, call (541) 678-5483, or visit www.CouncilOnAging.org/Volunteer

