



Monday	Tuesday	Wednesday	Thursday	Friday
Meals On Wheels ONLY	In-Person Dining (11am-1pm) and Meals on Wheels	Drive-Thru (12:30-1pm) and Meals on Wheels	Drive-Thru (12:30-1pm) and Meals on Wheels	Meals On Wheels ONLY
OCTOBER	OCTOBER	1st Chicken Tinga Tacos Spanish Rice Refried Beans Honey Lime Slaw Yogurt Fruit Salad Milk	2nd Roasted Pork Loin with Cranberry Sauce Mashed Potatoes Butternut Squash Banana Bread Grape Tomato & Cucumber Salad Milk	3rd Frozen Entree Milk / Juice
6th Frozen Entree Milk / Juice	7th Creamy Roasted Chicken Pasta with Vegetables Breadstick Snap Peas Fruit Milk	8th Steak Fajitas with Flour Tortillas Hominy Salad Chips Salsa Verde Milk	9th Turkey Chili Baked Potato Cornbread Coleslaw Fruit Milk	10th Frozen Entree Milk / Juice
13th Frozen Entree Milk / Juice	14th Lemon Dill Cod Herbed Brown Rice Roasted Carrot Coins Side Salad Cheese & Crackers Milk	15th Baharat Roasted Chicken Thigh Lemon Orzo Sauteed Greens Tabouli Lemon Poppy Seed Cake Fruit Milk	16th Beef Pot Roast Mashed Potatoes Seasonal Vegetables Spinach Salad Fruit Brownie Milk	17th Frozen Entree Milk / Juice
20th Frozen Entree Milk / Juice	21st Turkey Burger w/ Lettuce, Tomato, & Condiments Roasted Corn & Peppers Cookie Milk	22nd Happy Thanksgiving! A Special Thanksgiving Meal will be served. 	23rd Closed for Thanksgiving	24th Closed for Thanksgiving
27th Frozen Entree Milk / Juice	28th Herb Roasted Chicken Breast Sweet Potato Puree Roasted Green Beans Marinated Tomatoes Fruit Pudding Milk	29th Penne Pasta w/ Meatballs Seasonal Vegetables Garlic Breadstick Cottage Cheese Cucumber Slices Fruit Milk	30th Pork Pozole w/ Flour Tortilla Corn & Black Bean Salad Tortilla Chips Fruit Milk	December