



Monday	Tuesday	Wednesday	Thursday	Friday
	MOW, In-Person & Grab N' Go	MOW & Grab N' Go	MOW & Grab N' Go	
			1st Pork Pozole with Tortilla Corn and Black Bean Salad Green Salad with Dressing Melon Milk	2nd Frozen Meal Milk/Juice
5th Frozen Meal Milk/Juice	6th Roasted Winter Squash Bisque Oyster Crackers Three Bean Salad Whole Wheat Roll Applesauce Milk	7th Beef Stew with Vegetables Marinated Tomatoes Grapes Pineapple Milk	8th Green Chili Chicken Taco Spanish Rice Chips Pico de Gallo Churro Milk	9th Frozen Meal Milk/Juice
12th Frozen Meal Milk/Juice	13th Vegetarian Pizza Garden Salad Pudding Pineapple Milk	14th Beef Enchiladas Rice and Pinto Beans Honey Lime Slaw Fruit Salad Milk	 15th Chicken Corn Chowder Sautéed Greens Side Salad Apple Slices Milk	16th Frozen Meal Milk/Juice
19th Frozen Meal Milk/Juice	20th Beef Tamale Pie Three Bean Medley Southwest Slaw Churro Milk	21st Chef's Special Milk/Juice	22nd Tortellini Pesto Cream Roasted Broccoli Grape-Tomato-Cucumber Salad Biscotti Milk	23rd Frozen Meal Milk/Juice
26th Frozen Meal Milk/Juice	27th Turkey Sandwich Sautéed Spinach Coleslaw Apple Slices String Cheese Milk	28th Beef Yakisoba Noodle Bowl w/ Vegetables Carrot Ginger Scallion Salad Fortune Cookie Mandarin Oranges Milk	29th Baked Cod Brown Rice Pilaf Steamed Peas Side Salad Applesauce Milk	