



*We keep Central Oregon seniors safe, fed, and connected*

The Council on Aging of Central Oregon provides food and nutrition options like Meals on Wheels and community dining, Medicare and options counseling, family caregiver support, and social engagement programs, such as Caring Connections and Pet Pals. As aging experts, we ensure seniors can access the support, services, and resources they need from the Council on Aging and other tri-county partners.

## **Mission, Vision, Values**

### **Our Mission**

The Council on Aging supports all Central Oregonians to age well wherever and however they choose. We empower, advocate for, and provide services to older community members and their loved ones.

### **Our Vision**

An inclusive community that values and supports all people as they age.

### **Our Values**

Working together with older adults and their loved ones to navigate aging with respect, compassion, reliability, and integrity.

## **Diversity, Equity and Inclusion**

We embrace our mission, vision, and values and incorporate diversity, equity and inclusion (DEI) principles with respect and intention in our service design and delivery. Strategies to reflect this value include the following.

- Develop culturally appropriate options in nutrition programs.
- Develop an outreach plan to increase accessibility for Tribal members.
- Develop and deploy Spanish-language collateral materials.

## **Strategic Goals and Objectives**

To meet our mission and move towards our vision, the Council on Aging will focus on the following goals and strategies over the next three years. By implementing these goals, we seek to meet the objectives described for each.

### **Goal 1: Develop partnerships to expand support for seniors**

- Improve access and resources in rural areas and tribal communities.
- Create crisis management plan with community partners.

### **Goal 2: Deliver high quality programs across Central Oregon**

- Update service and community needs assessment to ensure changing needs post-pandemic are addressed.
- Continued enhancement of DEI in service design and delivery.

### **Goal 3: Strengthen the COA organization for a sustainable future**

- Improve employee satisfaction and growth.
- Increase and retain government and foundation financial support and private donations.

## 2024 Board of Directors

View our Board of Directors and Advisory Council on our [website](#).

### Community Impact (July 1, 2022 – June 30, 2023)

<b>115,665</b> Meals on Wheels delivered	<b>38,931</b> community lunches served	<b>4,203</b> information and referral calls answered
<b>816</b> hours of Medicare counseling provided	<b>7,133</b> hours of home and care services funded	<b>657</b> hours of caregiver respite provided
<b>1,382</b> hours case management services provided	<b>1,325</b> calls and visits made in Caring Connections	<b>97</b> clients with 145 pets received pet assistance
<b>32,309 hours donated by 477 volunteers</b> across Crook, Deschutes, Jefferson, and N. Klamath Counties		

## Contact Us

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