

MON	TUE	WED	THU	FRI
MOW	IN-PERSON, MOW, GN'GO	MOW & GRAB 'N GO	MOW & GRAB 'N GO	MOW
1 LABOR DAY HOLIDAY <i>Meal previously delivered</i>	2 Pumpkin Bisque with Bacon & Crispy Onions Cottage Cheese Three Bean Salad Fruit	3 Baharat Roasted Chicken Lemon Orzo Seasonal Vegetables Mediterranean Salad Fresh Fruit	4 Chef's Special 	5 Frozen Meal
4 Frozen Meal	9 Chicken Pesto Soup Biscuit with Butter Slaw Fruit	10 Three Cheese Ravioli with Meat Sauce Seasonal Vegetables Three Bean Salad Fruit	11 Creamy Tomato Tortellini Soup with Sausage Roll with Butter Sugar Snap Peas Fruit	12 Frozen Meal
11 Frozen Meal	16 Don's Meatloaf Mashed Potatoes Steamed Peas & Carrots Side Salad / Fruit	17 Chicken Noodle Soup Panzanella Salad Fruit	18 Chef's Special 	19 Frozen Meal
18 Frozen Meal	23 Teriyaki Beef Noodle Bowl with Vegetables Sunomono Salad Fresh Fruit Fortune Cookie	24 Pork Pozole Roll with Butter Zucchini Salad Fruit	25 Shepherd's Pie Seasonal Vegetables Broccoli Slaw Fruit	26 Frozen Meal
25 Frozen Meal	30 Chicken Marsala with Pasta Seasonal Vegetables Marinated Artichokes Fruit	Tuesday's Programs Start at 11:30 Sept 2: Katie / Music and Blood Pressure Sept 9: Nutrition Presentation Sept 16: Sisters Parks & Rec Sept 23: Free Play Sept 30: Talkin' Nugget		
		In-Person: Coffee, Tea, Milk MOW: Milk or Juice		

THANK YOU TO OUR 50th ANNIVERSARY SPONSORS

