

# APRIL 2026

## SISTERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MOW	IN PERSON, MOW, G'NGO	MOW & GRAB 'N GO	MOW & GRAB 'N GO	MOW
<p><b>Tuesday's Programs start at 11:30</b></p> <p><b>April 7: Music with Katie</b></p> <p><b>April 14: Sisters Parks and Rec</b></p> <p><b>April 21: Talkin' Nugget</b></p> <p><b>April 28: Free Play</b></p>		<p>1 Herbed Fish with Couscous &amp; Vegetables Cucumber Salad Fruit</p>	<p>2 Stuffed Cabbage Soup Three Bean Salad Roll Fruit</p>	<p>3 Frozen Meal</p>
<p>6 Frozen Meal</p>	<p>7 Senate Soup Broccoli Salad Rustic Bread Fruit</p>	<p>8 Chef's Special</p>	<p>9 Asian Chicken Noodle Bowl with Vegetables Cucumber Salad Fruit</p>	<p>10 Frozen Meal</p>
<p>13 Frozen Meal</p>	<p>14 Ham &amp; Cheese Sandwich Garden Salad Fruit</p>	<p>15 Chef's Special</p>	<p>16 Chicken Pot Pie Carrot Raisin Salad Fruit</p>	<p>17 Frozen Meal</p>
<p>20 Frozen Meal</p>	<p>21 Creamy Scallion Mushroom Soup Roll with Butter Yogurt Fruit</p>	<p>22 Mojo Pulled Chicken with Caribbean Rice Tomato Salad Pineapple Cake</p>	<p>23 Chef's Special</p>	<p>24 Frozen Meal</p>
<p>27 Frozen Meal</p>	<p>28 French Bread Veggie Pizza Caesar Salad Yogurt Fruit</p>	<p>29 Minestrone Soup Whole Wheat Roll with Butter Cottage Cheese Fruit</p>	<p>30 Beef Tacos Corn &amp; Black Bean Salad Fruit</p>	

