

## Central Oregon Grief and Bereavement Resources

This list offers a variety of support options for individuals navigating grief and loss. Because meeting formats, dates, and locations can change, please contact the organization directly to confirm details before attending. Please note: This list is for informational purposes only and does not imply a formal endorsement or recommendation by the Council on Aging.

### Support Groups

#### **ClearPath Healthcare**

This free, drop-in support group is open to any grieving community member looking for connection. No registration or prior hospice service is required.

When: Second and fourth Tuesday from 11:30-1pm

Where: ClearPath Healthcare, 732 SW 23rd Street, Redmond

Contact: 541-548-7483

#### **Peaceful Presence Project**

At monthly “Connection Cafes” in Central Oregon, community members come together for supportive dialogue around personal experiences with illness, death and grief.

These gathering spaces provide compassionate human contact and nurture meaningful relationships.

When: Third Thursday of the month, 12-1:30pm

Where: Larkspur Community Center, 1500 SE Reed Market Road, Bend

Contact: Leigh Lehman, 541-706-6235

#### **Partners in Care**

Partners In Care offers in-person bereavement support groups for a variety of needs.

These classes are available at no cost and open to anyone in the community. Classes vary in dates and times and include:



- Mindfulness for Wellbeing Class: In-Person Group
- Spousal and Partner Loss Support Group: In-Person Group
- Traumatic & Sudden Loss Support Group: In-Person Group
- Grief & Loss Support Group: In-Person Group

Visit [www.partnersbend.org/services/grief-support/](http://www.partnersbend.org/services/grief-support/) for more information or call 541-771-3262 and ask for Carla P. to register.

### **Partner Loss Support Group**

This free, drop-in group provides education, tools, and a safe space to share with others navigating partner loss. Facilitated by Diane Louise, MA-MFT, this group is not for those who are in the acute, early phase of grief, but is intended as an additional support to individual counseling. There is no cost to attend.

When: Thursdays from 4:30-6pm

Where: First Presbyterian Church, 230 NE 9th Street, Bend

Contact: Diane Louise, [dianelouise.mft@gmail.com](mailto:dianelouise.mft@gmail.com) or 541-668-6108

### **Grief Support Healing Circle**

A monthly, drop-in support meeting offering connection and care for anyone dealing with grief or an impending loss. No registration needed.

When: First Wednesday of each month at 12:30pm

Where: Redmond Senior Center, 325 NW Dogwood Ave, Redmond

Contact: Kat Crawford at ClearPath Healthcare, 541-548-7483

### **Suicide Grief Support**

Peer-facilitated support group for those with a shared experience with losing a loved one to suicide.

When: 1st Tuesday of the month, 6:30-8pm

Where: St. Charles, 1253 NW Canal Blvd, Redmond

Contact: Julie at [jtleuschaft@stcharleshealthcare.org](mailto:jtleuschaft@stcharleshealthcare.org), 541-410-0631



### **One-on-One Grief Counseling**

Free individual and family grief support is available to anyone in the community, with no requirement to be a ClearPath client. Meetings can be held in-person, by phone, or via video to accommodate your needs and preferences.

Contact: Call Kat Crawford, Bereavement Coordinator at ClearPath Healthcare, 541-548-7483