

OCTOBER 2026

SISTERS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MOW	IN PERSON, MOW, G'NGO	MOW & GRAB 'N GO	MOW & GRAB 'N GO	MOW
TUESDAY PROGRAMS START AT 11:30 Oct 6: BP with Katie Oct 13: Talkin' Nuggets Oct 20: Free Play Oct 27: Halloween Spectacular & Monster Mash			1 Pork Pozole Mexican Cornbread Cucumber Salad Fruit	2 Frozen Meal
5 Frozen Meal	6 Fish Tacos with Cabbage & Lime Crema Corn & Black Bean Salad Fruit	7 Pasta Marinara Marinated Vegetables Fruit	8 Braised Pork Mashed Potatoes Seasonal Vegetables Butternut Squash Salad Rice Crispy Treat	9 Frozen Meal
12 Frozen Meal	13 Chicken Picatta Roasted Vegetables Panzanella Salad Fruit	14 Herb Roasted Pork Loin Mashed Potatoes Seasonal Vegetables Seasonal Salad Cake	15 Butternut Bisque with Crispy Bacon & Onions Roll with Butter Yogurt Fruit	16 Frozen Meal
19 Frozen Meal	20 Chili con Carne Marinated Vegetables Roll with Butter Fruit	21 Minestrone Soup Cottage Cheese Roll with Butter Fruit	22 Chef's Special House Cookie	23 Frozen Meal
26 Frozen Meal	27 Chicken Burrito Bowl Southwest Slaw Fruit	28 Chef's Special	29 Blackened Fish Seasonal Vegetables Roll with Butter Fruit	30 Frozen Meal

